

Unterrichts-/Belegungsplan ab 9. September 2024

Table with columns for location (Vereinsheim), course name (e.g., Kampfsportcenter, Pole-Studio), and details like address and instructor.

Montag

Main table for Monday classes, including subjects like Creative Children's Dance, Contemporary Kids, and various fitness classes.

Dienstag

Main table for Tuesday classes, including Stretching, Faszientraining, Ballett, and various dance and fitness sessions.

Mittwoch

Main table for Wednesday classes, including Zumba, Dance Team, Hip-Hop, and various dance styles like Ballett and Contemporary.

Donnerstag

Main table for Thursday classes, including Handstand, Ballett, Hip-Hop, and various dance and fitness sessions.

Freitag

Main table for Friday classes, including Vinyl & Yang Yoga, Ballett, Dance Team, and various dance and fitness sessions.

Samstag

Main table for Saturday classes, including Hatha Yoga, Zumba, and various dance and fitness sessions.

Sonntag

Main table for Sunday classes, including Handstand, Israeliische Tänze, and various dance and fitness sessions.